

FAD Counseling Services, LLC

311 Spring Street • Washington, Georgia 30673
706-678-5667 (o) • 706-678-2384 (o) • 888-495-7489 (f)

FAD Counseling Services, LLC (FADCS) is a behavioral health agency and DUI School (#10186) located in Washington, Georgia. Our mission is to provide affordable and quality behavioral health services to residents of Georgia.

We achieve our mission by precisely assisting clients with identification of the causes or sustainer of their issues and ways they may lessen the negative effects of them and/or eliminate them.

We provide individual, couples, family and/or group counseling to every age group.



At FADCS, clients are valued and will receive prompt and confidential services with a smile.

DUI School

We offer several of the DUI/Risk Reduction related services needed for license reinstatement:

- Weekend DUI School
- Clinical Evaluation
- ASAM Level I Substance Use Treatment

Upcoming DUI School Dates

- Dec 13 - 15; 27 - 29;
- Jan 17 - 19; 31 - Feb 2;
- Feb 14 - 16; 28 - Mar 2;
- Mar 14 - 16; 28 - 30;

Small Talk!



Communication is necessary for healthy relationships. Methods of communication may seem simplistic; yet, they may easily be misunderstood by the listener¹. Developing skills to be an effective communicator and/or good listener will reduce the amount of conflict people may have with friends and/or family¹. Without effective communication skills, it is common to become frustrated within a social setting. By learning improved communication skills, people may improve cohesion in personal and professional relationships.

Developing an awareness of your emotional status provides a pathway to improved emotional health. Gaining skills to understand your emotional responses may result in a decreased stress level and increased self-control¹.

FYI

We have an open door policy at FADCS. So that we may better address your needs, feel free to ask questions and/or give suggestions that may improve services. Please let us know if you would like to be added to our mailing list for updates or the monthly newsletter.

¹ Robinson, Segal, & Segal, (Nov. 2013). Effective Communication. http://www.helpguide.org/mental/effective_communication_skills.htm

Question Corner

Does your employer offer an Employee Assistance Program (EAP)?

There is not a charge to you or your family members for the fixed number of EAP sessions provided by your employer. Problem evaluation, assessment, counseling, case management, and crisis stabilization are EAP benefits offered by most companies. If you or an eligible family member desire to seek assistance beyond those provided by EAP, services may be covered under your insurance plan. Contact your employer's human resources department to verify your benefits.

If you desire to utilize EAP services, please consider FADCS. **Mr. Fulani A. Doughty is licensed as a Professional Counselor and certified as both a Rehabilitation Counselor and an Addiction Counselor. He is available to address your needs.**

Upcoming Events

- Youth Seminar
 - Mon. 3:30-4:30 pm
- Anger Management Group
 - Thurs. 6-7:30 pm
- Substance Abuse Group
 - Wed. 6-9 pm

Office Hours

Monday – Friday
10:00 am – 7:00 pm

